



CONSTRUCTION
GIVES BACK



NAME: CHRIS

HIS PASSION: PENGUIN PLUNGE

“My wife and I believe that we all have an obligation to pitch in, however we can, to keep our society and community strong and vibrant. The Penguin Plunge is a fun way to play a small part for a great cause, Special Olympics Vermont. What makes it even better is that we can do it as a family and pass our passion for giving back to our children.”

Chris and his family and friends raise money to support their plunge into the cold February waters of Lake Champlain in Vermont. With nearly 1,000 plungers participating each year, the event raises much-needed funds for Special Olympics of Vermont.



NAME: DAVE

HIS PASSION: R.E.D MINISTRIES

“Through my work with R.E.D. Ministries, my family and I provide hope for the poor and needy through preaching and by advocating for new churches to serve as distribution points for food, clothing, and basic needs. I recently participated in an eight-day mission to Mombasa, Kenya where I was able to feed orphans whose parents had succumbed to AIDS and challenge the younger generation to responsible behavior. I believe that participating in this way makes a difference in their lives and helps prevent more victims of the circumstances that grip the African nation.”

Dave serves as a Preacher for Grace Point Nazarene Church in Loganville, Georgia. In October 2009, Dave seized the opportunity to preach and serve the children and families of Mombasa, Kenya.



NAME: EVE

HER PASSION: DRAGONHEART VERMONT'S ANNUAL DRAGON BOAT FESTIVAL

“I initially took part in the Dragon Boat Festival because my sister-in-law is a breast cancer survivor. I participated as PC Construction’s team leader for my first event and was overwhelmed by the amazing energy of the teams, the camaraderie of our PC Construction team, and the amount of money raised. Now, I am officially hooked and can't wait until next year!”

Eve organizes a PC Construction team of paddlers to race in the annual Dragon Boat Festival, which brings together over 1,500 paddlers and over 75 community teams to raise money for Dragonheart Vermont and other local cancer programs. While PC Construction sponsors this team’s participation, the PC Construction paddlers also raise funds to match the sponsorship.



NAME: JOE

HIS PASSION: BOY SCOUTS OF AMERICA

"I have been involved in Scouting for over forty years, and continue to share my knowledge, service to others, and leadership skills with the rapidly growing youth in our region. My involvement helps youth learn basic life, communication, and leadership skills which they will carry with them for many years. I only hope I have made as much of an impact on their lives as they have to mine."

Joe serves as Pack Committee Chairman for the Cub Scouts, Scoutmaster for the Boy Scouts, and Associate Advisor of Program for the Venturing Program, all in the Casco Bay District of Maine. His primary role involves facilitating, teaching, developing, and mentoring each Scout, establishing a fun and encouraging learning environment, and guiding the various age groups as they transition through the Scout levels. Joe has also achieved the distinguished Eagle Scout rank and is a Brotherhood Member of the Order of the Arrow.

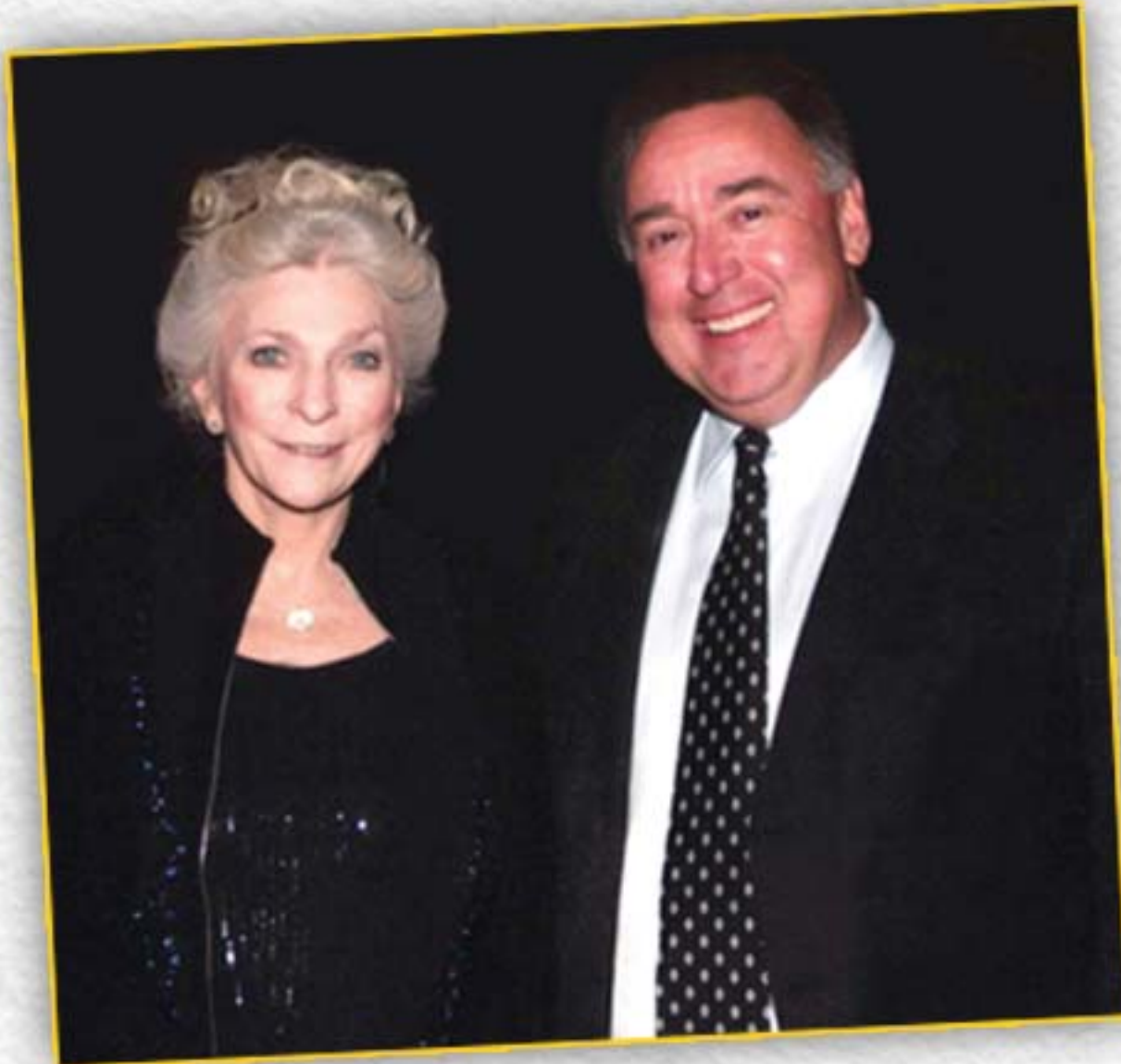


NAME: KEITH

**HIS PASSION: MAKE-A-WISH
FOUNDATION OF VERMONT**

"I have been with the Make-A-Wish Foundation of Vermont now for six years and find the work extremely rewarding. Our mission is to grant the wishes of children with life-threatening medical conditions to enrich the human experience with hope, strength, and joy. We work to raise the funds that will allow these children and their families to escape, for maybe just a short while, from the rigors of any treatment or reminder of their illness. My wife and I have been blessed with four wonderful and healthy children and my work with Make-A-Wish is the least I can do to give back for others."

Keith serves on the Board of Directors for the Make-A-Wish Foundation of Vermont as well as two other volunteer organizations, Vermont State Amateur Hockey Association as the 1st Vice President and as a Trustee for Norwich University.



NAME: KEVIN

HIS PASSION: DAY ONE

“I am a Board member at Day One, an organization which provides substance abuse prevention and treatment services for teenagers. My association started when PC Construction helped them plan a renovation of their residential treatment facility. During the course of meeting the staff and kids, I was drawn into trying to help them. In my five years with Day One, I’ve seen countless kids turn their lives around. It’s a great feeling to know I’ve played a role in their journey!”

Kevin leads Day One’s annual fundraising campaign and actively advocates for the organization with Maine state legislators and local municipalities. He chaired a study of substance abuse’s impact on Maine’s economy as part of the Leadership Maine program in 2007. In support of Kevin’s involvement, PC Construction has been a sponsor of Day One’s Annual Celebration and an active participant in the Maine Development Foundation’s Leadership Maine program. He is pictured here with folk singer Judy Collins prior to her performance at the Day One Annual Celebration for which Kevin was the fundraising chair.



NAME: MARTY

HIS PASSION: HABITAT FOR HUMANITY

“Working with Habitat for Humanity allows me to share in a family’s dream for home ownership that otherwise may never be fulfilled. You can see and feel the genuine excitement and energy that emanates from the proud homeowner while working with them side-by-side on THEIR home. It’s a little like paying it forward – to give of your talents to others who somehow haven’t gotten the same breaks in life.”

Marty volunteers his time to help Habitat for Humanity, and future homeowners, build their dreams – a home for their family.



NAME: CRYSTAL

HER PASSION: MARCH OF DIMES

“My daughter was born very premature, weighing just 1 pound 10 ounces. During her 105-day stay in the neonatal intensive care unit, the March of Dimes provided my family with support, education, and even basic necessities that helped us through each day. When we finally left the hospital with our daughter in our arms, we vowed never to forget those who helped us make it through such difficult times. That is why we support the March of Dimes, in hopes that other babies who are born too early and too sick will have a chance to live a full, healthy life.”

Crystal and her family and friends participated in their first March for Babies in 2010, raising over \$4,000 for the cause. Crystal, her husband, and two children will also take on the role of Ambassador Family for the Vermont/New Hampshire chapter of the March of Dimes for the 2010/2011 fundraising season.

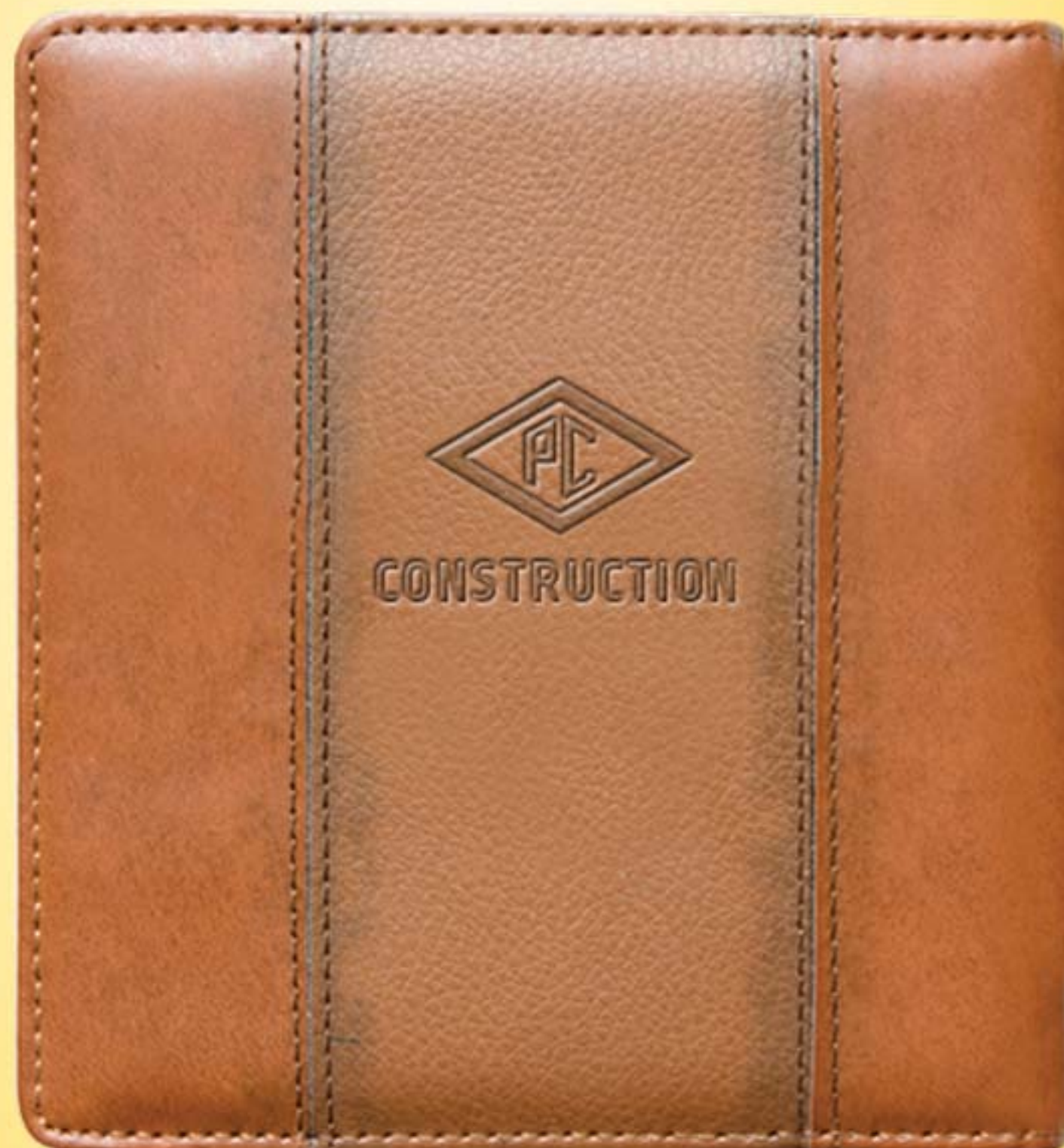


NAME: KRISTIN

HER PASSION: RELAY FOR LIFE

"I think everyone's life is touched by cancer at some point. This year became especially personal for me when my father was diagnosed. There is so much that you cannot do to ease the burden and strain that cancer puts on the people that you love. You cannot take away their pain or go through treatments for them. Participating in the Relay for Life just felt like something I could do to show my support and make a difference."

Kristin gets her family involved, organizes a team, and helps raise funds for their participation in Relay For Life, an overnight walk/run event designed to celebrate survivorship and raise money for research and programs for the American Cancer Society.



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